

Everybody smile and wave, smile and wave, smile and wave.
Everybody smile and wave. Hello friends. 🎵



Nursery Rhyme Time



*Hey diddle diddle,
the cat and the fiddle.
The cow jumped over the moon.
The little dog laughed to see such sport.
And the dish ran away with the spoon.*

Gross Motor Fun

Put paper bags or large socks on child's arm to encourage him to get it off by moving that body part. Repeat with legs.

This will also help with body awareness.

Sensory Fun

While singing the Itsy, Bitsy Spider run your fingers over your child's body – down back, arms, legs – in a playful way.
Use a gently firm pressure so it's not ticklish.

Activity for Body Awareness:
Massage body parts with different textures such as terry cloth, silky material, fleece, etc.



Sing a Song

The itsy, bitsy spider went up the water spout. Down came the rain and washed the spider out. Out came the sun and dried up all the rain so the itsy, bitsy spider went up the spout again.

Fine Motor Fun

Homemade drum.
Use a plastic bowl, food container, or pan as a drum. Give child a wood/plastic spoon. Or pat drum with hands. Show child how to bang or pat drum. Sing a favorite song and play along with child.

Language

Sounds are easier for young children to imitate than words. Make fun sounds and pair them with movements. Say:
Vroom-vroom when pushing a car
Wee-wee when swinging or sliding
Swoosh-swoosh when making crayon marks
Squish-squish when squeezing playdough



Books, Books, Books

You don't have to read every word on the page. Just talk about the pictures.
Guess How Much I Love You by Sam



Goodbye friends, goodbye friends, goodbye friends.
We'll see you next time. 🎵

