



EIDC Center Base Learn at Home Tot Fun Page

WEEK 5

Everybody smile and wave, smile and wave, smile and wave.
Everybody smile and wave. Hello friends. 🎵



Nursery Rhyme Time

*Pat-a-cake, pat-a-cake, baker's man.
Bake me a cake as fast as you can.
Roll it, pat it, and mark it with a B.
And put it in the oven for Baby and me.*
(actions with hands)



Gross Motor Fun

For babies and toddlers: Roll up a yoga mat and use it as a bolster. Have child straddle it (sit with one leg on each side of roll). Have child reach down to either side to pick up toys or to pick up the pieces of a puzzle to put in. Great core strengthening and midline crossing opportunities here!

Sensory Fun

Swing child gently in blanket/sheet 'hammock.'
It might be easier with two adults holding blanket.
Sing for added fun.



Sing a Song

A B C D E F G
H I J K L M N O P
Q R S T U V
W X Y Z
Now I know my ABCs,
next time won't you sing
with me?

Fine Motor Fun

Help child play Pat-a-Cake by clapping their hands together and going through the other motions of the rhyme.
"Roll it" hands move in circles around each other.
"Pat it" as if patting a drum.

Language

"Mirror Talk"

Position yourself and your child in front of a mirror. Watch her respond to her face in the mirror. Repeat any actions, sounds or gestures she uses. Once she recognizes you are imitating her, try to get her to imitate you. Use expressions like smiling, mouth movements like kissing and sounds like raspberries and vowels.



Books, Books, Books

Reading can be a calming part of your bedtime routine.

Good Night Moon by Margaret Wise Brown



Goodbye friends, goodbye friends, goodbye friends.
We'll see you next time. 🎵