

Everybody smile and wave, smile and wave, smile and wave.
Everybody smile and wave. Hello friends. 🎵

Nursery Rhyme Time

*Rock-a-bye, baby, on the tree top!
When the wind blows the cradle will rock,
when the bough breaks the cradle will fall,
and down will come baby cradle and all.*



Sensory Fun

Rock child in your arms
in a rocking chair if you have one.

While rocking, say or sing
Rock-a-baby.

What do rocking and cuddling 'teach' your child?

The rhythmic swaying of rocking and the deep pressure of being cuddled help to develop your child's tactile (response to touch), vestibular (response to movement and where he is in space) and proprioceptive (response to how his body parts work together) senses.



Books, Books, Books

Rock-a-Bye Baby by Jeanette Winter

Gross Motor Fun

Roll ball back and forth sitting.



Sing a Song

*I'm a little teapot
short and stout.
Here is my handle,
here is my spout.
When I get all
steamed up
hear me shout,
"Tip me over and
pour me out!"
(can do actions)*

Fine Motor Fun

Help child pick up small toy and drop it into a bowl or toy bucket. (grasp & release)
Child can pick up toy off floor, take out of your opened hand, hand child toy in different areas to encourage reach in various directions (left, right, up, down)
Can change size of toy.

Language

Listening to music provides children with opportunities to be exposed to language and helps increase vocabulary. Singing to and with your child develops auditory discrimination and phonological awareness. And it's fun!!



Goodbye friends, goodbye friends, goodbye friends.
We'll see you next time. 🎵