

Everybody smile and wave, smile and wave, smile and wave.
Everybody smile and wave. Hello friends. 🎵



Nursery Rhyme Time

*This little piggy went to market.
This little piggy stayed home.
This little piggy had roast beef.
This little piggy had none.
And this little piggy went "wee, wee,
wee" all the way home.*



Gross Motor Fun

Kicking tissue paper. Tape tissue paper on the bottom of a couch. Place baby on the floor and have her kick the tissue paper.



Sensory Fun

You wiggle child's toes to the rhyme.
Start with big toe (market)
and work to baby toe (wee wee)
as you say the rhyme.

Then finish with a foot massage.
You can also do same with the fingers.

Activity for Body Awareness:
Put jingle bell anklets and wristlets on
to create awareness of hands and feet.
Kicking the tissue paper.

Sing a Song

*Head, shoulders, knees and toes.
Knees and toes.
Head, shoulders, knees and toes.
Knees and toes.
Eyes and ears and mouth and
nose.
Head, shoulders, knees and toes.
Knees and toes.*

Fine Motor Fun

Bang two toys together,
holding one in each hand.
Use blocks, pegs or other small
toys/objects that baby can hold
in hands. Have child hold one
object in each hand and show
how to bang 2 objects together.
You may need to help.
Make a game or sing a song
while banging.

Language

Slowly and deliberately sing Head, Shoulders, Knees, And Toes
while touching each of your baby's corresponding body part.

Naming body parts while pointing them out to child will help
him/her learn the names of each part.



Books, Books, Books

Head, Shoulders, Knees and Toes
by Annie Kubler



Goodbye friends, goodbye friends, goodbye friends.
We'll see you next time. 🎵