

Practice Online SMARTS



S

Safety. Keep passwords and personal information secret. Use search engines and websites that are given by your teacher.

M

Make Time Online Count. Use your school's online learning platform to stay focused on your assignments. Limit non-school work related conversations and distractions while working online.

A

Act Positively Online. Cyberbullying is the use of any technology like texts, tweets or social media to harass, threaten, embarrass, or pick on another person. Be kind. Don't be a bully.

R

Remove bullies from your online life. Block bullies and don't respond to friend requests or social media posts where a bully is tagged.

T

Tell an Adult. If something makes you uncomfortable, or if you are feeling bullied online, tell an adult you trust.

S

Save the Receipts. Take screenshots of any offending messages.

Students have a right to be free from bullying, cyberbullying and harassment of any kind. Cyberbullying is against the law, and can result in serious consequences. See Michigan Public Act 457, Section 411(a).

If you are being cyberbullied or know of someone who is, please let your parents know and together you should contact a trusted adult at your school (the Principal, a counselor or a teacher). You also can ask for help from Okay2Say by email at [OK@SAY@mi.gov](mailto:OK@SAY.mi.gov) or by phone at 8-555-OK2SAY.

