Please check either “Agree” or “Disagree” for the following statements.

1. I can identify three of my strengths.
   
   O Agree
   O Disagree

2. My decisions affect others.
   
   O Agree
   O Disagree

3. I am a good friend.
   
   O Agree
   O Disagree

4. I try my hardest and do not give up easily.
   
   O Agree
   O Disagree

5. I prefer to resolve conflicts by talking instead of fighting.
   
   O Agree
   O Disagree

6. It is hard for me to control my anger.
   
   O Agree
   O Disagree

7. When people work together, there are fewer problems.
   
   O Agree
   O Disagree

8. I am able to remain calm when I feel stressed.
   
   O Agree
   O Disagree
9. I treat others the way that I wish to be treated.
   O Agree
   O Disagree

10. I am confident when I communicate with people.
    O Agree
    O Disagree

11. I know how to deal with negative peer pressure.
    O Agree
    O Disagree

12. I show respect to people even when I don't agree with what they are saying.
    O Agree
    O Disagree

What are your strongest skills?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

With what skills do you need the most help?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Thank you for completing this survey.