

Parent/Guardian Guidance on Concussion Care



Questions for Your Healthcare Provider:

- Is it a concussion?
- What are your recommendations for treatment?
- How long will my child experience symptoms for?
- How can I manage their symptoms at home?
- What should I do if their symptoms get worse over the next few days?
- When will they be able to return to school?
- What are your recommendations for academic accommodations for my child as they return to school?
- When will it be safe for my child to return to sport?
- Do you have any printed materials regarding my child's concussion management that I can take home with me?

Questions were modified based on the recommendations by the 2020 [Schurig Center for Brain Injury Recovery](#).

