



**Expect Respect Character Trait:  
Kindness**

**Focus for November: World Kindness Day**

**HOME CONNECTION**

<b>Kindness Quotes</b>	Start your child’s day off with positivity. Share a quote of the day with your child each morning that focuses on kindness. Here are some examples of kindness quotes: “It’s nice to be important, but it is MORE important to be nice.” “If you can be anything, be kind.” “No act of kindness, no matter how small, is ever wasted.” “Try to be a rainbow in someone’s cloud.”
<b>Kindness Challenge</b>	As a family, focus on being more kind to each other and recognize when kindness is being displayed. Record all kind acts that happen throughout the month within your household. Challenge your child to do at least one kind thing each day and you do the same. At the end of each week, recap all of the kind acts that were done by each family member.
<b>Taking Care of the Earth</b>	Being kind to the earth is key. Teach your child ways to recycle, reuse, and reduce in order to do their part in taking care of the earth. Some ideas: start recycling your trash, reuse grocery store bags, jars, and containers instead of throwing them away, reduce the amount of water that your household uses by taking shorter showers and cutting the water off while brushing your teeth.
<b>World Kindness Day – November 13, 2021 (Celebrated at school this year on 11/12/21)</b>	The purpose of World Kindness Day is to highlight good deeds in the community focusing on the positive power and the common thread of kindness which binds us. Learn more about World Kindness Days and ways you can get involved by visiting this website: <a href="https://nationaltoday.com/world-kindness-day/">https://nationaltoday.com/world-kindness-day/</a>

