



**Expect Respect Character Trait:
Acceptance**

Focus for June: Equity

HOME CONNECTION

<p align="center">Loving Yourself</p>	<p>Accepting others starts with accepting ourselves. Therefore, your child must learn to embrace his/her body and develop a great relationship with it and not make it a target for criticism. Make it clear that the way one looks is not and should not be the yardstick with which they measure their self-worth. While it is healthy to want improvement and growth; we should not want to change in order to be worthy of love or happiness.</p>
<p align="center">Promoting Tolerance</p>	<p>How to Promote Tolerance and Respect in Children</p> <ul style="list-style-type: none"> • Make your child feel special, safe and loved • Create learning opportunities about new places, people and cultures. Expose your child to a variety of perspectives through books, songs, food, and cultural events and celebrations • Intervene when you hear or see intolerant behavior. Don't be punitive – help your child learn healthier ways to interact with others • Model tolerance and respect. Your child will learn to reach out and be sensitive and respectful of others by watching how you discuss, relate to, and value other people
<p align="center">Cultural Sensitivity</p>	<p>Children become culturally sensitive and respectful when they see adults who are culturally sensitive and respectful, and who take a stand against bias, racism or insensitivity. Parents should focus on the positive characteristics of a person and their abilities, what the person can do or does (as compared to what they cannot do) and how differences make our world a better place. By helping your child understand and respect similarities and differences, you will help them realize they are wonderfully unique among many other wonderfully unique people in the world.</p>

