



**Expect Respect Character Trait:
Compassion**

Focus for April: Autism Awareness

HOME CONNECTION

Acts of Kindness	Attempt to practice at least two different acts of kindness a day. This could include donating clothes to the less fortunate or volunteer to help someone out with his or her chore list. Be creative. The possibilities are endless!
World Autism Day April 2, 2021	As a family, wear the color blue on this day. During various times of the day, read articles that address Autism with your students. This will be a great opportunity for students to increase their opportunity to read in addition to learning more about Autism.
Compassion Discussion	Talk to your child about compassion. Explain what compassion is and why it is important to them, your family, and the world as a whole. This idea can be reinforced by giving your child real world examples of compassion. Point out ways your child can express compassion in your family, for example, being kind to their siblings. You can also highlight ways they can show compassion toward their community and the world at large.
Gratefulness Displayed	We often tend to believe that our gratefulness for any given act is implied, but the reality of the situation is that our thankfulness for most things in life is left unspoken. Incorporate the phrase “thank you” into more of your routine activities. Thank the cashier at the grocery store or a family member for something kind they have done. Gratitude is something that should never be left unspoken.

