

Expect Respect Character Trait: Honesty

Focus for March: World Poetry Day

HOME CONNECTION

Celebrate World Poetry Day March 21, 2020

Celebrate World Poetry Day with your child by hosting a Family Poetry Night. Invites other members of the family over and encouraging everyone to write a poem. Some of the poems can have a focus on honesty.

Honesty Talk

Sit down as a family to discuss the importance of honesty. Trust is extremely important in healthy family dynamics, so talk about the positive effects of honesty and the negative effects of dishonesty. Being honest in difficult circumstances can be challenging, especially when your child fears being shamed. Open up to your child about how you will react in a difficult circumstance. Share your experiences with your child related to honesty. Let them know that you aren't perfect. Explain a time when it was difficult for you to tell the truth and how honesty helped you.

Consequence Index Cards

Demonstrate the positive and negative effects of decisions your teen might face that involve honesty. Take two index cards and write down a scenario with two different decisions, such as deciding to cheat on a test and deciding to study for a test. On the back of the index cards, write down the outcome of each decision. For example, on the index card with the cheating scenario, write down possible consequences such as getting detention, failing the class and losing the respect of teachers and parents. On the index card with the studying scenario, write down a positive outcome such as getting a good grade and gaining the respect of teachers and parents.

