Greetings Dossin Families!

I am the ESE School Social Worker at Dossin Elementary-Middle. As we all know, we are living in a very tragic and troubling time. Life will be different moving forward as we have been impacted by COVID-19 in some way. School is one of the major resources for our students and families. Weekly newsletters will be sent that combine unique resources, parenting ideas along with activities to help students with the social and emotional impact this virus has caused. Together, we will overcome this!

Below are recommendations to continue to follow as restrictions are slowly being relax:

- Wash your hands with soap and water.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Cover your mouth and nose with a tissue or upper sleeve when coughing or sneezing.
- Avoid contact with people who are sick.
- Stay home if you are sick and contact your healthcare provider.

Contact the Detroit Health Department if you or a loved one may be experiencing symptoms at 313-876-4000.

Resource Corner

Food Distribution

Triumph Church
Crisis Care Grocery Giveaway – Beginning April 6, 2020-May 29, 2020, No touch pick-up Monday, Wednesday, Friday from 10am-2pm. Delivery available to single parent households with no transportation on Tuesdays and Thursdays from 10am-2pm. Location: 2760 East Grand Blvd., Detroit 48211. Register at www.triumphch.org

ACCESS Detroit
Supplemental food distribution Monday, Wednesday and Friday from 3pm-5pm. Location: 16427 W. Warren, Detroit 48228. Contact 313-203-3406 for more information.

Gleaners website to locate food mobile-drive through sites: https://www.gcfb.org/community-distribution-sites/
Self-Care

Community Care Services
Provides mental health services for children, teens and adults through telehealth. Services can be accessed through computer, tablet or smartphone. Phone contact is available for those without internet access. For an intake appointment, 313-389-7500 or www.comcareserv.org

2-1-1 Hotline: Please dial 2-1-1 to get connected to available mental health resource in your area.