

OCCUPATIONAL & PHYSICAL THERAPY RESOURCES FROM HANDWRITING WITHOUT TEARS

Number Formation Chart: Learn the step-by-step, child-friendly way to teach number formation

[Download](#)

ABC Names For Pre-K: Children learn to put names in ABC order

[Download](#)

Where Do You Start Your Letters? Send home this fun song so families can help instill good starting habits for capitals

[Download](#)

Print Letter Formation Charts

[Download Capitals](#)

[Download Lowercase Letters](#)

Cursive Letter Formation Charts

[Download Capitals](#)

[Download Lowercase Letters](#)

Alphabet Strips for K–5: An easy, child-friendly method for alphabetizing

[Kindergarten](#)

[Grades 1–2](#)

[Grades 3+](#)

The Three Bs: Use for a fun introduction to the music of Bach, Beethoven, and Brahms

[Kindergarten](#)

[Grades 1–2](#)

[Grades 3+](#)

Famous Faces Activity: Build, draw, and write with Famous Faces

[Kindergarten](#)

[Grades 1–2](#)

[Grades 3–5](#)

[Bonus Activity: Grades 4–5](#)

Social Studies Activity: Introduce the Declaration of Independence and the Constitution with coloring pages, puzzles, and writing activities

[Kindergarten](#)

[Grades 1–2](#)

[Grade 3](#)

[Grades 4–5](#)

Geography Activity: Use these downloads of the seven continents to help children write about the world we live in.

[Pre-K](#)

[Grades K–5](#)

Handwriting Without Tears Free Interactive learning - Additional Resources

30 Days of Activities for infant and toddlers Birth – 3 years of age (OT/PT)

teisinc.com >Go to resources and there are 4 weeks of activities by age 0-3

School Based Physical Therapy Gross Motor Activity (all ages)

pinkoatmeal.com (has a parent link for free U-tube activities/exercises)

Index of Activities for Kids: list of gross motor tasks for physical therapy students (all ages)

theinspiredtreehouse.com

Sensory Activity Ideas: The Pocket OT (Click the link)

https://convertkit.s3.amazonaws.com/landing_pages/incentives/000/102/402/original/SensoryActivityDownloadPocketOT2016.pdf?1536357133

Virtual Fieldtrips: The Pocket OT (Click the link)

https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGIkgE3iExmi3qh2KRRku_w/mobilebasic