**JUNIOR YEAR REFERENCE SHEET**

1. Academic performance=progression and consistency
2. Work towards your passion rather than perfection
3. Review academic progress for graduation with your counselor
4. Take the SAT and ACT
5. Re-evaluate course selections for college admissions if necessary or desired (AP, ACC, Dual, etc.)
6. Continue college and career exploration
7. Continue extra-curricular involvement in school and leisure
8. Make plans for college visits, academic programs, summer camps, sports camps, etc.
9. Update resume to reflect volunteer, service, extra-curricular and work experience
10. Apply for additional scholarships, obtain recommendation letters, re-evaluate career goals, begin college applications

Read More: [https://www.livecareer.com/quintessential/high-school-junior-year](https://www.livecareer.com/quintessential/high-school-junior-year)

**CREDIT CHECK**

*Every credit counts!!! Know your status!!!*

An on-target junior has earned...

At least .5 credits per required course per semester

How it should look→ at least 4 credits per semester, 8 credits per year

*Please be mindful that credit recovery is the responsibility of the student and is necessary for graduation

(*See Detroit Public Schools graduation requirements)

[http://detroitk12.org/admin/academic_affairs/graduation_requirements/](http://detroitk12.org/admin/academic_affairs/graduation_requirements/)

**DID YOU KNOW?**

1. Junior year is the most crucial year because it is the last year transcribed before college admission decisions!!! Your “body of work” aka transcript reflects your academic history over four years. Colleges strongly base their admission decisions on your academic work after three completed years (6 semesters)

2. Standard four-year college admissions =CUMULATIVE GPA + SAT/ACT SCORE

3. “D” Doesn’t stand for “Dynamite” and “F” Doesn’t stand for “Fantastic!”

4. Aim to get “As” and “Bs” but more importantly to understand the concepts presented in your course.

   Substance “Cs” will always be preferred over empty “As”

5. When in doubt seek help before the point of failure. Make use of resources!

6. Fs carry no credit! You are responsible for retaking any failed courses on the transcript. Even when a course is retaken the “F” remains on the transcript.

7. Freshman year counts too!!! Colleges want to see progression over six semesters.


**COLLEGE EXAM & MILITARY EXAM WEBSITES**

- Number2.com
  - [www.number2.com](http://www.number2.com)
- SparkNotes
- Princeton Review
- ACT
  - [http://www.actstudent.org/testprep/](http://www.actstudent.org/testprep/)
- March 2 Success
  - [https://www.march2success.com/](https://www.march2success.com/)
- Test Taking Tips
- Testing with Success Series
  - [http://www.studygs.net/tsttak1.htm](http://www.studygs.net/tsttak1.htm)
- SAT Practice via Khan Academy
  - [https://collegereadiness.collegeboard.org/sat/practice/khan-academy](https://collegereadiness.collegeboard.org/sat/practice/khan-academy)
- SAT Prep
  - [https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests](https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests)
- ASVAB (Military Entrance Exam) *Scheduled by recruiters after practice test is taken

**Helpful Website:**

- ASVAB TEST BANK
  - [http://www.asvabtestbank.com/](http://www.asvabtestbank.com/)

**ATHLETIC SCHOLARS-REGISTRATION & COLLEGE INFO**

- NCAA Student Eligibility Center
  - [https://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp](https://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp)
- National Junior College Athletic Association (NJCAA)
  - [www.njcaa.org](http://www.njcaa.org)
- Student-Athletes: Choosing A College
  - [https://professionals.collegeboard.org/guidance/prepare/athletes/college](https://professionals.collegeboard.org/guidance/prepare/athletes/college)

Junior Year Reference

Compiled by: R. Mitchell, MA, LPC, NCC

Last Updated: 5/5/20
LIST OF 308 HOBBIES....Discover Your Passion
Not So Boring Life- Try something new...you just might like or even LOVE it!!
http://www.notsoboringlife.com/list-of-hobbies/

DO SOMETHING.ORG (Find a Cause & Get Involved)
https://www.dosomething.org/us/about/who-we-are

Academic Support Resources
Websites for online homework help
Top Online Learning Sites http://www.bestcollegereviews.org/50-top-online-learning-sites/
Better Time Management for High School Students
Study Skills Resources http://www.educationcorner.com/study-skills.html
Best Apps for Students http://www.laptopmag.com/articles/best-student-apps
Multicultural Book List https://www.goodreads.com/list/tag/multicultural
Dos and Don’ts of Social Media
https://www.usnews.com/education/articles/2010/05/12/5-dos-and-donts-for-college-students-using-social-media
Discovery
http://www.discovereducation.com/students/index.cfm

Social/Emotional Support
Social Norms http://examples.yourdictionary.com/social-norm-examples.html
How to Survive High School http://www.huffingtonpost.com/isabel-song/how-to-survive-high-school_b_4755960.html
Teen Health http://teenshealth.org/en/teens/
Mental Health Apps http://www.npr.org/2015/01/14/379086671/new-apps-give-teens-easier-persistent-access-to-mental-help
* Chicken Soup for the Soul Series http://www.chickensoup.com/books?tid=8754

Career Planning & Exploration Websites
50 Character Traits that Matter http://www.monster.ca/career-advice/article/50-personality-traits-for-the-workplace-canada
Big Future by The College Board Listing of Post-Secondary Education Opportunities
https://bigfuture.collegeboard.org/explore-careers
Holland Code Going https://www.mitalent.org/skilled-trades-post-secondary-education-opportunities
Michigan Training Connect (*Search for your best Match & Fit) http://jobs.mitalent.org/mitc/Search/Training
Michigan Skilled Trades Job Search https://www.mitalent.org/skilled-trades
My Majors http://www.mvmajors.com
PRQ: Professional Trades (Hot 25) in Michigan Brochure
RIASEC Test http://personality-testing.info/tests/RIASEC.php
Vocational & Skilled Trade Search https://www.trade-schools.net/trades/
Resume Skills for High School Students https://www.thebalance.com/resume-skills-for-high-school-students-2063767

College Exploration Websites
Affordable Online Colleges (Colleges with Distance Learning Options) http://www.affordablecollegesonline.org/
College Week www.collegeweeklive.com
College Navigator http://nces.ed.gov/collegenavigator/
College Resources for Students with Disabilities http://www.affordablecollegesonline.org/college-resource-center/resources-for-students-with-disabilities/
College Resources for Undocumented Students https://bigfuture.collegeboard.org/get-started/for-undocumented-students
College Resources for Homeless Students http://www.affordablecollegesonline.org/homeless-students-guide/
First Generation College Students http://www.imfirst.org/#!
Historically Black College Network http://www.hbcunetwork.com/
Petersen’s www.petersons.com
Princeton Review www.princetonreview.com
Career Cruising www.careercruising.com
World Wide Learn

Military Exploration Website
https://www.todaysmilitary.com/joining-eligibility/enlisting-military

Scholarship Websites
Fastweb www.fastweb.com Scholarships360 www.scholarships360.org
Scholarships www.scholarships.com Scholarship Hunter www.scholarshiphunter.com/home.htm
Scholly (APP) www.myscholly.com Scholarship Points www.scholarshippoints.com
Cappex www.cappex.com Niche www.niche.com
CollegeNet www.collegenet.com Unigo www.unigo.com
Zinch www.zinch.com
Money Management for High School Students

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