BCHS Senior Year Success

COVID-19 Edition
AGENDA

1. Welcome
   a. Presenters: Rakiba Mitchell and Sean Henry
   b. Housekeeping: please type questions into the CHAT and as many as can be addressed will be addressed at the end!

2. Wellness Check-in and Resources – Mitchell
   a. Coping and healing strategies
   b. Non-school-related quarantine activities
   c. Keeping priorities straight

3. Credits and Graduation during the COVID-19 Crisis – Mitchell
   a. Graduation requirements reminder
   b. OCLEX: Google Form will be sent out by Mr. Henry soon to input your OCLEX requirements remotely, even if you submitted a green form.
   c. Edgenuity (Credit Recovery)
   d. Other helpful resources (clickable once sent out after the meeting)

   a. We’re all fumbling through this together, so the key is CHECKING and ADAPTING
   b. College/University to-dos
   c. Money-related to-dos
   d. Some post-secondary next step resources (clickable once sent out after the meeting)

5. Closing + Answering Questions from Chat – Mitchell and Henry
PRESENTERS:

Rakiba Mitchell, Senior School Counselor
rakiba.mitchell@detroitk12.org

Sean Henry, College Transition Advisor
sean.henry@detroitk12.org

Office Hours: M-F 8am-3pm

**Please ask questions in CHAT**
Please be mindful that we have been e-mailing seniors at least once weekly throughout the year. All of the resources that we will make reference to have been provided via e-mail. We will also make this presentation available.

Other important self-published resources:
- Senior Reference Guide
- HBCU Listing
- MI Colleges with Housing
- FAFSA Resource
- College Admissions & Military Exam Resource
- Flexible Institutions with Housing Reference Listing
- MORE...Please check your e-mail
There are many things in life that will be beyond your control. In these instances it will ultimately be about your response. There will always be a lesson and you will always have a choice in how you respond.

And once the storm is over, you won’t remember how you made it through, how you managed to survive. You won’t even be sure, if the storm is really over. But one thing is certain... When you come out of the storm, you won’t be the same person who walked in. That’s what this storm is all about.

– Haruki Murakami
A Glimpse into Ms. Mitchell’s Life: Coping & Healing

Dear Friends & Family,
I'll be going live at 4:30 EST on FB and hosting my first virtual art show! Check me out to see what I've been working on since the quarantine!

R.Lanise
Cool Quarantine Activities

DAILY QUARANTINE QUESTIONS:

1. What am I GRATEFUL for today?
2. Who am I CHECKING IN ON or CONNECTING WITH today?
3. What expectations of normal am I LETTING GO OF today?
4. How am I GETTING OUTSIDE today?
5. How am I MOVING MY BODY today?
6. What BEAUTY am I either creating, cultivating, or inviting in today?
Important Things To Remember

- **Your Health** (mental & physical) will ALWAYS be the most important thing. *[If you aren’t at your best you can’t give your best]*
- **Prioritize** *[Remember what it most essential]*
- **Manage Your Time** *[Time only moves forward so make the best use of it]*
- **Set Goals** *[What is it that your are trying to accomplish? Create steps to work towards that]*
- **Access Resources** *[You have the world at your fingertips...seek information for better understanding] [GOOGLE, YOU TUBE, E-Libraries!!!]*
- **Communicate** *[Always ask for insight, additional assistance, additional resources, requesting help is never a sign of weakness]*
- **Follow Up & Through** *[Do what is asked to complete a task, complete each step until a task is complete, submit the task upon completion]*
- **Discover Your Passion** *[It is the thing that you would do and wouldn’t mind not getting paid for….find it and let it motivate you]*
- **Support System** *[Everyone needs someone. Remember that you always have people who will support you and keep you lifted. Seek them out.]*
Quick Tips About Credits

- Every course is worth at least .5 credits
- Only passing marks (D or 60%) earned at the end of semester will earn credits
- Senior standing is 18+ credits
- AT BCHS students earn up to 8 credits a year because of block scheduling
- Credits are transcribed every 2nd and 4th cardmarking
- *Every course than earns an “F” at the semester must be re-taken for credit
- Students who earn 23+ credits in the courses as outlined in high school curriculum requirements will become candidates for graduation

### Michigan Merit Curriculum

<table>
<thead>
<tr>
<th>High School Graduation Requirements</th>
<th>The Total Number of Credits Needed for Graduation is Twenty-three (23)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MATHEMATICS - 4 Credits</strong></td>
<td></td>
</tr>
<tr>
<td>Algebra I</td>
<td>Geometry</td>
</tr>
<tr>
<td>Algebra II</td>
<td>One math course in final year of high school</td>
</tr>
<tr>
<td>ENGLISH LANGUAGE ARTS - 4 Credits</td>
<td>English Language Arts 9</td>
</tr>
<tr>
<td></td>
<td>English Language Arts 10</td>
</tr>
<tr>
<td>SCIENCE - 3 Credits</td>
<td>Biology</td>
</tr>
<tr>
<td></td>
<td>Physics or Chemistry</td>
</tr>
<tr>
<td>SOCIAL STUDIES - 3 Credits</td>
<td>.5 credit in Civics or Government</td>
</tr>
<tr>
<td></td>
<td>.5 credit in Economics World History and Geography - (Integrated)</td>
</tr>
<tr>
<td>PHYSICAL EDUCATION &amp; HEALTH - 1 Credit</td>
<td></td>
</tr>
<tr>
<td>VISUAL, PERFORMING AND APPLIED ARTS - 1 Credit</td>
<td></td>
</tr>
<tr>
<td>ONLINE LEARNING EXPERIENCE</td>
<td>Course Learning or Integrated Learning Experience</td>
</tr>
<tr>
<td>LANGUAGE OTHER THAN ENGLISH - 2 Credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>In grades 9-12; OR an equivalent learning experience in grades K-12 effective for students entering third grades in 2006 (Class 2010)</td>
</tr>
<tr>
<td>DPS District Requirement – Out-of-Class Learning Exp. (200 Clock Hours) – 1 Credit</td>
<td></td>
</tr>
</tbody>
</table>

The fourth year of Math may include business math, accounting, applied math and even a retake of Algebra II.

All required course/credits must be aligned with Course/Credit content Expectations and Guidelines developed by Michigan Department of Education, and may be acquired through Career and Technical Education programs and integrated courses.
OCLEX (Out-of-Class Learning Experience)

- Students must complete 200 OCLEX hours which equate to 1.0 credit in order to become a candidate for graduation
- A link to a google doc will be provided via Mr. Henry
- Students will need to provide the type of learning experience (work, volunteer, community service, service project), the specific name of the activity, hours earned and the name & title of the person supervising the activity
- Green OCLEX cards can still be scanned and submitted via email to Mr. Henry
Edgenuity (Credit Recovery)

https://www.edgenuity.com/

DPSCD will honor credits earned via Edgenuity for recovery purposes only. Seniors who are deficient credits must recover credits in order to become a candidate for graduation. Those students have been identified and have been enrolled in courses. Questions regarding accessing courses should be directed to Ms. Mia. (gwendolyn.mia@detroitk12.org)

DPSCD COVID-19 School Year 19-10 Resource Link:
Outlines distance learning procedures and specific information for grading and graduation

OTHER HELPFUL COVID-19 RESOURCES

FOR STUDENTS


https://www.michigan.gov/coronavirus

http://www.micollegeaccess.org/tools/resources/covid-19

Other Helpful COVID-19 Resources for Families


https://childmind.org/coping-during-covid-19-resources-for-parents/
WHAT'S BEST FOR ME?
Post-secondary Next Steps (Henry)

**KEY POINT:** Things are still moving forward, but we’re all in the same boat - adaptations to the COVID-19 crisis will depend on the school, organization, person, etc., so **CHECK over and over**

**COLLEGE/UNIVERSITY TO-DOs:**

1. **Check student portals OFTEN** - log in, check to-do sections, submit documents if needed
2. **Enrollment deposits** - many (but not all) have delayed payment deadline, but if you’ve decided, pay or try to get it waived (see link at the end of pres)
3. **Schedule orientations** - many (but not all) are doing virtual orientations, so schedule this if you need to

**MONEY-RELATED TO-DOs:**

1. **FAFSA** - should be in by now; if not, do it!
2. **Make sure financial aid awards have arrived** - you should have one by now; if you don’t, chances are they’re waiting on a FAFSA verification document (check portal)
3. **Confirm Detroit Promise registration** - almost everyone is registered, but try logging in to make sure everything is filled out; if you’re not, I will contact you soon
4. **Apply for scholarships** - use the listing that I’ve been sending every week
Post-secondary Next Steps - LINKS

New NACAC Enrollment Deposit Waiver/Deferral (not all schools are accepting, but it’s worth a shot--download this, fill out the school name and your portion, sign with “Fill and Sign” at top right, save it and send it to sean.henry@detroitk12.org to send to your school): https://www.nacacfairs.org/globalassets/college-fair--homepage/ncf-documents/learn/nacac-req-for-enroll-form-0420_1-fillable.pdf

FAFSA: https://studentaid.gov/h/apply-for-aid/fafsa  
FSA ID: https://fsaid.ed.gov/npas/index.htm

Detroit Promise Login (log in to check to make sure everything is complete, including a verified email address): https://www.detroitchamber.com/profile/student/

Detroit Promise Registration (if you can’t log in at the link above, register here): https://www.detroitchamber.com/profile/

BCHS Social Media Accounts (follow for updates from the school/district, as well as post-secondary and wellness-related resources): https://www.facebook.com/Benjamin-Carson-High-School-of-Science-and-Medicine-545576072119622/?ref=aymt_homepage_panel&eid=ARC9Mzrxv-DQz35lnjijFihWSSnkvDSwwAvEMeQaKgTdl2uqHFL8c1RYoX6xiiwyRZff6oPlcDlvmZlb

https://www.instagram.com/bchs_dpscd/

https://twitter.com/BCHS_DPSCD
### Detroit College Promise Participating Community College Listing

**APPLY to one or more of the following institutions:**

**REGISTER at:** http://www.detroitpromise.org/register/

*Please also view information on line*

<table>
<thead>
<tr>
<th>Institution</th>
<th>City</th>
<th>Student Housing</th>
<th>Notable Programs of Study</th>
<th>Athletic Programs</th>
<th>Partnerships/Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Henry Ford College</td>
<td>Dearborn</td>
<td>Yes</td>
<td>Pharmacy, Tech</td>
<td>Men: Golf, Baseball, Women: Softball</td>
<td>MAT 2 Squared Program is paid job training &amp; Associate's Degree</td>
</tr>
<tr>
<td>Mascomb Community College</td>
<td>Warren</td>
<td>No</td>
<td>Architectural Tech, Restaurant, Physical Therapy</td>
<td>Men: Basketball, Track</td>
<td>Study Abroad, Guadalupe, Granada, Spain, Pompeii, Italy</td>
</tr>
<tr>
<td>Oakland Community College</td>
<td>Southfield</td>
<td>No</td>
<td>Culinary Arts, Interior Design</td>
<td>Men: Cross Country, Basketball</td>
<td>Best Associate Degree for Health Care (DAS) Workforce Development Student Ambassador Program</td>
</tr>
<tr>
<td>Schoolcraft College</td>
<td>Livonia</td>
<td>No</td>
<td>Culinary Arts, Baking Arts, Entrepreneurship</td>
<td>Men: Cross Country, Baseball</td>
<td>Wayne State University &amp; University of Toledo</td>
</tr>
</tbody>
</table>

*Wayne Community College*  
www.wcccd.edu  

*Detroit Taylor Bellweaver*  
No  
Arts  
Anesthesia Technology  
Agricultural Mechanic  
Video Game Design & Animation  
Nursing  
Pre-Medical Science  
Pre-Engineering  
Home Health Care  
Pharmacy  
Global Supply Chain Management  
Criminal Justice  

*Jackson College*  
www.jcc.edu  

*Jackson*  
Yes  
3D Design & Animation  
Automotive Technology  
Composites  
Culinary Arts  
Dental Hygiene  
EMT  
Nursing  
Pre-Law  
Sports Management  
Art  
Law Enforcement  
Med  
Vocational Technology  

*McKendree University*  
www.mckendree.edu  

*Study Abroad Bachelor's Programs Available*  

**Wayne County Community College**  
www.wcccd.edu  

**Detroit Taylor Bellweaver**  
No  
Arts  
Anesthesia Technology  
Agricultural Mechanic  
Video Game Design & Animation  
Nursing  
Pre-Medical Science  
Pre-Engineering  
Home Health Care  
Pharmacy  
Global Supply Chain Management  
Criminal Justice  

**Jackson College**  
www.jcc.edu  

**Jackson**  
Yes  
3D Design & Animation  
Automotive Technology  
Composites  
Culinary Arts  
Dental Hygiene  
EMT  
Nursing  
Pre-Law  
Sports Management  
Art  
Law Enforcement  
Med  
Vocational Technology  

**McKendree University**  
www.mckendree.edu  

**Study Abroad Bachelor's Programs Available**  

*For a complete listing of academic majors please check the institution's website. For athletic rankings please check the NCAA website: www.ncaa.org.*

For more community colleges in MI check out:  
https://www.michigan.gov/collegesearch/our-community-colleges

5 **Reasons to Consider Community College**

- **Expensive four-year residential colleges aren’t the best choice for everyone. Below are five reasons why community college is sometimes a better option. Before making a final decision, however, prospective students should be aware of the possible hidden costs of community college.**
  1. **Money**  
  Community college costs just a fraction of the total price tag for public or private four-year residential college. If you’re short on cash and don’t have the test scores to win a merit scholarship, community college can save you thousands. But don’t make your decision based entirely on money – many four-year colleges offer excellent financial aid for those with serious need.
  2. **Weak Grades or Test Scores**  
  If you don’t have the GPA or SAT scores to get into a decent four-year college, don’t fret. Community colleges are open admissions. You can use community college to build your academic skills and prove that you can be a serious student. If you then transfer to a four-year school, the transfer admissions office will consider your college grades much more than your high school record.
  3. **Work or Family Obligations**  
  Most community colleges offer weekend and evening courses, so you can take classes while juggling other obligations in your life. Four-year colleges rarely offer this type of flexibility – classes meet throughout the day, and college needs to you full-time employment.
  4. **Your Career Choice Doesn’t Require a Bachelor’s Degree**  
  Community colleges offer many certification and associate degree programs that you won’t find at four-year schools. Many technology and service careers do not require a four-year degree, and the type of specialized training you need is available only at community college.
  5. **You’re Not Sure About Going to College**  
  A lot of high school students have a sense that they should go to college, but they aren’t sure why and aren’t really fond of school. If this describes you, community college can be a good option. You can try out some college-level courses without committing years of your life and tons of thousands of dollars to the experiment.

*Source: https://www.michigan.gov/collegesearch/our-community-colleges*
Sample of Virtual Onsites & College Tours

HBCU LIVE! ON Facebook
@ Common Black College Application Facebook Page
Every Wednesday Night from 7:30 pm to 8:30 pm

Meet HBCU Presidents /Admissions Counselors / Financial Aid Counselors / Band Directors / Choir Directors
Apply to 55 HBCUs w/ the Common Black College Application @ www.commonblackcollegeapp.com

Upload 1 transcript & 1 test score in the CBCA Student Dashboard and have it made available to all 55 Member Institutions.
Some acceptances awarded on the spot.
Some scholarships awarded on the spot.
Celebrity guest appearances and more.

The Chicago HBCU Alumni Alliance Presents
Virtual HBCU College Tour
Saturday
April 18th 9:45AM

10:00 Alabama State University
10:15 Langston University
10:30 Fisk University
10:45 Howard University
11:00 Tougaloo College
11:15 Alabama A&M University
11:30 Jackson State University
11:45 Tennessee State University
12:00 North Carolina A&T University
12:15 Clark Atlanta University
12:30 Texas Southern University

Register Now At
https://hbcucollegetour20.eventbrite.com
Questions???

Thank You for Your Time!!!

Be Safe & Well!!!