



# “Expect Respect”

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Character Development and Anti-Bullying  
Initiative

2019-2020

Students Rise. We All Rise.

# Expect Respect



The “Expect Respect” initiative is being launched as a call to action for our District regarding positive relationships. Through this initiative, 10 character traits have been selected to discuss each month across the District with the expectation of improved relationships among students.

Guidance counselors and school social workers will take the lead on teaching grade appropriate lessons for the “Trait of the Month” utilizing the Overcoming Obstacles and Pacers National Bullying Prevention Center curricula.

Students, parents and staff are encouraged to take the pledge and commit to the activities.

**Responsibility**

**Respect**

**Kindness**

**Generosity**

**Citizenship**

**Self-Control**

**Honesty**

**Compassion**

**Cooperation**

**Acceptance**

# Character Education and Anti-Bullying Curriculum

## LIFE SKILLS CURRICULUM



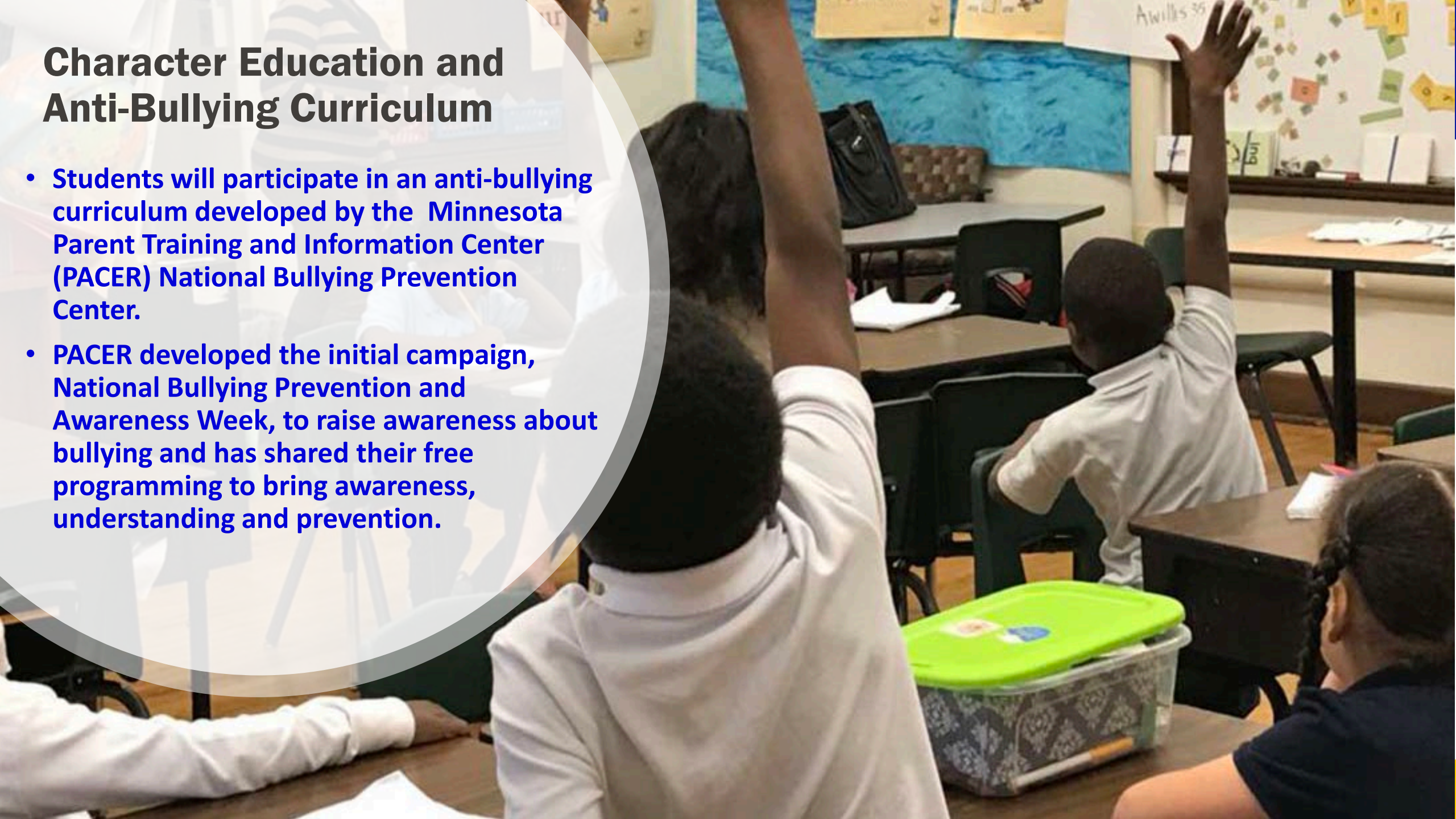
**Overcoming Obstacles, is a life skills curriculum which aligns with the American School Counselor Association National Standards for Students in the areas of academic, career, personal, and social development.**

**Through the implementation of these character education lessons, students will be involved in formal lessons about communication, decision making and goal setting.**



# Character Education and Anti-Bullying Curriculum

- Students will participate in an anti-bullying curriculum developed by the Minnesota Parent Training and Information Center (PACER) National Bullying Prevention Center.
- PACER developed the initial campaign, National Bullying Prevention and Awareness Week, to raise awareness about bullying and has shared their free programming to bring awareness, understanding and prevention.



# Character Education and Anti-Bullying Curriculum



K-2 <sup>nd</sup>				
Order	Month	Core Value	Character Trait	Overcoming Obstacles (K-2)
NA	SEPTEMBER	Tenacity	Responsibility	Being Responsible
1	OCTOBER	Integrity	Respect	Respect
2	NOVEMBER	Students First	Kindness	Becoming a Good Friend
3	DECEMBER	Service	Generosity	Coping Skills or Resolving Conflict
4	JANUARY	Service	Citizenship	Fairness
5	FEBRUARY	Excellence	Self-Control	Self-Control
6	MARCH	Integrity	Honesty	Integrity
7	APRIL	Students First	Compassion	Listening
8	MAY	Students First	Cooperation	Cooperation
9	JUNE	Equity	Acceptance	Having A Positive Attitude

3 <sup>rd</sup> - 5 <sup>th</sup>				
Order	Month	Core Value	Character Trait	Overcoming Obstacles (3-5)
NA	SEPTEMBER	Tenacity	Responsibility	Being Responsible
1	OCTOBER	Integrity	Respect	Respect
2	NOVEMBER	Students First	Kindness	Becoming A Good Friend
3	DECEMBER	Service	Generosity	Coping Skills
4	JANUARY	Service	Citizenship	Resolving Conflicts
5	FEBRUARY	Excellence	Self-Control	Having a Positive Attitude
6	MARCH	Integrity	Honesty	Integrity
7	APRIL	Students First	Compassion	Empathy
8	MAY	Students First	Cooperation	Cooperation & Teamwork
9	JUNE	Equity	Acceptance	Handling Peer Pressure

**Students will be exposed to in-class lessons, school assemblies, speakers and additional activities from Pre-K through 12<sup>th</sup> grade that will help them exercise character education skills that will lead to lifelong practices.**

Students Rise. We All Rise.



# Character Education and Anti-Bullying Curriculum



## MIDDLE SCHOOL

Order	Month	Core Value	Character Trait	Overcoming Obstacles (Middle School Curriculum)
NA	SEPTEMBER	Tenacity	Responsibility	MS - Getting Started - Lessons 1, 2, 3 & 4
1	OCTOBER	Integrity	Respect	MS - Additional Materials: Snapshots for Bullying Prevention
2	NOVEMBER	Students First	Kindness	MS - Confidence Building - Lesson 1: Giving and Earning Respect
3	DECEMBER	Service	Generosity	MS - Confidence Building - Lessons 2, 3 & 4
4	JANUARY	Service	Citizenship	MS - Confidence Building - Lessons 5 & 6
5	FEBRUARY	Excellence	Self-Control	MS - Resolving Conflicts - Lessons 1, 2 & 3
6	MARCH	Integrity	Honesty	MS - Resolving Conflicts - Lessons 4, 5 & 6
7	APRIL	Students First	Compassion	MS - Communication - Lessons 1 & 2
8	MAY	Students First	Cooperation	MS - Communication - Lessons 3, 4 & 5
9	JUNE	Equity	Acceptance	MS - Looking <u>To</u> The Future - Lesson 2: Handling Peer Pressure

## HIGH SCHOOL

Order	Month	Core Value	Character Trait	Overcoming Obstacles (High School Curriculum)
NA	SEPTEMBER	Tenacity	Responsibility	HS - Getting Started - Lessons 1 & 2
1	OCTOBER	Integrity	Respect	HS - Additional Materials: Snapshots for Bullying Prevention
2	NOVEMBER	Students First	Kindness	HS - Confidence Building - Lesson 1: Giving and Earning Respect
3	DECEMBER	Service	Generosity	HS - Confidence Building - Lessons 2 & 3
4	JANUARY	Service	Citizenship	HS - Confidence Building - Lessons 4 & 5
5	FEBRUARY	Excellence	Self-Control	HS - Resolving Conflicts - Lessons 1, 2, & 3
6	MARCH	Integrity	Honesty	HS - Resolving Conflicts - <u>Lessons</u> 4 & 5
7	APRIL	Students First	Compassion	HS - Communication - <u>Lessons</u> 1 & 2
8	MAY	Students First	Cooperation	HS - Communication - <u>Lessons</u> 3, 4 & 5
9	JUNE	Equity	Acceptance	HS - A Game Plan <u>For</u> Work - Lesson 1: Working Towards Your Goals

**Secondary students will also align their monthly character trait with a study of the district's core values. Each HS will tailor delivery of the curriculum to reflect the needs and size of their school population.**

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# Increase Student's Comfort with Reporting Bullying Behavior

OK2SAY is a student safety program which allows students to confidentially report tips on potential harm or criminal activities directed at school students, school employees, and schools.

Through this partnership students will have access to report instances 24 hours daily.



# Districtwide Launch: September 26, 2019



**District launch will occur at each school on  
Thursday, September 26, 2019.**

**Each school will discuss the initiative with their students and school community. Students, parents, and staff will be asked to pledge to give respect and expect respect. They will also agree to report instances of students being treated unkindly.**