



STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

FREE PROGRAM!

Tools, skills and strategies to build stronger families in seven weeks.

TOPICS COVERED:

- Finding our family values
- Better communication skills
- Problem Solving
- Goal setting
- Understanding each other better.
- Peer Pressure resistance

PROGRAM BENEFITS:

- Youth had significantly lower rates of alcohol, tobacco and marijuana use.
- Youth had significantly fewer conduct problems in school.
- Parents learn to build a positive relationship with their youth, set appropriate limits and follow

Funded By:

National Association of County
and City Health Officials

Detroit Wayne Integrated Health
Network



(Youth Session)

**Tuesday, March 16th, 2021
(4PM - 5PM)**

(Parent & Family Session)

**Thursday, March 18th, 2021
(4PM - 6:30PM)**

FREE PROGRAM!!

The program will be held virtually via Zoom
twice a week for 7 Weeks

**GIFTS AND INCENTIVES
WILL BE AWARDED!**

In Partnership With:

